



Safety in our hands



Safety arises from everybody's actions. Anyone can get hurt during the work day and anyone can cause a risk situation. It is important to be aware of safety risks and to know and apply safe ways of working. Remember that your safe behaviour contributes to everybody's safety. The turnaround safety is in your hands.

Hands are irreplaceable tools for us. For instance, it is impossible to eat with fork and knife or to tie shoelaces with one hand only. Hand injury can happen in one second and affect across a lifetime.



Risk for hand injury can hide in many kinds of situations, for instance if you work in autopilot or in nothing-can-happen-to-me mode or are unaware of the risks related to your current work task. Commitment to rules and monitoring what is going on in the surrounding area are examples of risk mitigating actions. The risks of each work step have to be considered and identified to be able to choose the right kind of protective gloves. Intervention is caring and we need to take care of our colleagues. If you see your colleague behaving in an unsafe way or without protective equipment, please intervene.

Thank you for your commitment to safe behaviour and to hand protection in our area!

Themes for discussion:

- ✓ What are the situations like where there is risk for hand injuries?
- ✓ What kind of factors increase the risk for hand injuries?
- ✓ How can I better protect my hands?
- ✓ What kind of safety gloves do you use in your work?